



CROSSOVER COMMUNITY IMPACT (CCI)

Job Title: Fitness Consultant

Reports to: Fitness Trainer/Personal Trainer

Status and Compensation: Full-time or part-time employee with compensation starting at \$12/per hour.

Position Summary: The Fitness consultant is responsible for monitoring the weight room while members and guests utilize fitness equipment to ensure proper use and safety. This is to be accomplished by demonstrating techniques and form, explaining corrective measures to improve workouts (when necessary) and maintaining a clean and well-organized environment.

Minimum Qualifications/Job Requirements:

- Resident or willing to move to north Tulsa (if employed full-time).
- Familiarity and appreciation for the vision and mission of Crossover Community Impact (CCI).
- Familiarity with the population and community served by CCI.
- Displays a strong personal faith in Jesus Christ that can impact his/her clients.
- Relevant fitness experience preferred (via professionally or personally), but training will be available.
- Knowledgeable regarding the fundamentals of exercise science and fitness techniques.
- Understands the importance of nutrition and diet.
- Highly motivated, well-organized, and detail-oriented and able to manage multiple responsibilities in a fast-paced environment, while maintaining a high degree of professionalism.
- Good communication skills and the ability to work well with others and independently.
- Knowledge and implementation of relevant technology.
- Capable of meeting the physical and mental demands of the position, including prolonged periods of intense physical exertion including running, lifting and stretching and able to lift more than 40 pounds at times.
- Current CPR/AED/First Aid Certification.
- Member in good standing of a church whose statement of faith is in alignment with Crossover Bible Church's statement of faith.

Essential Functions:

- Provides outstanding customer service to everyone who enters the facility and encourages participation in fitness activities.
- Collaborates with the Fitness Trainer in the implementation of Crossover's fitness programming.
- Works in a way that fulfills the church-based mission of CCI which includes seeing "our community restored through making disciples while loving and serving our neighbors."

- Responsible for the continued education and training under the Fitness Trainer.
- Monitors the weight room while members and guests utilize the equipment to ensure their safety and proper equipment function.
- Politely and professionally instruct members and guests on how to safely utilize exercise equipment and provide corrective measures to help improve their skills (when necessary).
- Maintain an organized and clean weight room by performing necessary cleaning duties and immediately addressing urgent needs (picking up debris, racking weights, etc.).
- Explains and enforces safety rules and policies governing the use of exercise equipment and recreational activities.
- Responsible for performing other duties as required to assist CCI in achieving its mission.

Organizational Planning and Management

- Participates in regular organizational and departmental meetings, training and workshops.
- Record and report statistical information related to fitness training programs.
- Represent and promote Crossover's fitness programming.